



WORKSHOPS,
TALKS, STANDS,
FOOD & MUSIC

Food AUTONOMY FESTIVALS

ONLINE & OFFLINE

THEMES:

- * ROOTS & FRUITS OF RESISTANCE
- * REGENERATING AGRICULTURE THROUGH PRACTICES
- * DECOLONISING OPPRESSIVE FOOD SYSTEMS



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Festival #5

During the first two weekends of June we will host the 5th edition of the Food Autonomy Festival (FAF). Once again we will take the opportunity to come together and share knowledge around resistance to state- and corporate-controlled agriculture. Because we also want to keep each other safe we have chosen for a mixed format of in person and zoom/livestream events, as well as decentralizing and having the event in 3 cities throughout the Netherlands.



It will start with a first part in Amsterdam during the first weekend of June. The second and third session will be in Utrecht and in Wageningen during the following weekend. For Utrecht and Wageningen you will need to register beforehand and spots are limited so make sure to register!

We are very happy to be able to make this happen and want to keep it Covid-19 safe. Please find more info on this on the ASEED website and also consider checking out all the sessions you can follow online.

Friday 4th June – Opening of the FAF #5 (online)

Saturday 5th June – Farming Day and workshops in Amsterdam

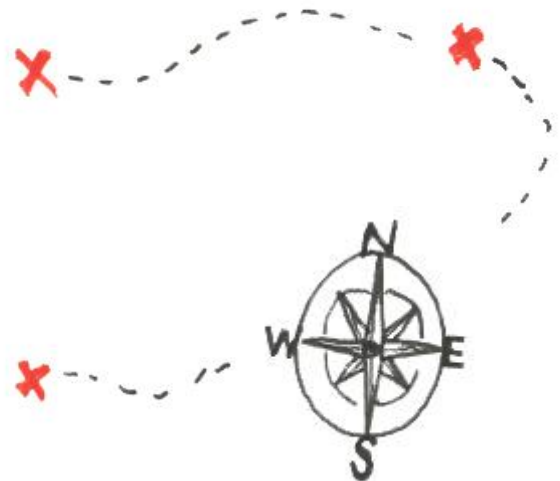
Sunday 6th June – Workshops online and offline in Amsterdam

Friday 11th June – Afternoon & Evening Activities in Utrecht

Saturday 12th June – Full Day of Talks & Workshops in Utrecht

Sunday 13th June – Workshops & Talks in Wageningen

Monday 14th June – Surprise Activities in Wageningen



THEMES:

* DECOLONISING OPPRESSIVE FOOD SYSTEMS

This year we will focus on decolonization of oppressive food systems, by talking about practices like land-grabbing, monocultures, GMOs, commodification of food, industrial agriculture, animal farming and modern slavery as well as the revolutions and resistance that has been led by the Native, indigenous people, people of color, and women, to regenerate our relationship with food and ecosystems.

* REGENERATING AGRICULTURE THROUGH PRACTICES

We will get our hands dirty in the practical workshops to learn about regenerative agriculture and educate ourselves about urban-rural farming connections, soil regeneration, agricultural justice, and any other farming practices aiming for dismantling the industrial agricultural system.

* ROOTS & FRUITS OF RESISTANCE

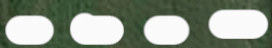
We will also have a look at the ways of raising voices and taking actions that have been used in the past and we will dream about what would be possible in the future to resist, build and care for our communities.

Amsterdam												
FRIDAY 4th June		SATURDAY 5th June					SUNDAY 6th June					
			Farming Activities		Workshops	Talks		Pop-corn	Roots & Fruits of Resistance	Decolonizing Oppressive Food Systems		
		8:00 - 10:00	Building up the Camp									
		10:00 - 11:00	Farming at Boterbloem	Farming at Pluk								
		11:00 - 12:00			Feed the Soil (Pluk)		11:00 - 12:00	Edible Peatlands - RE-PEAT	History of Dutch Resistance Against Multinationals	"Memories of the Forgotten Mother"		
	online	12:00 - 13:00	Walk and Plant in the Polder				12:00 - 13:00	Walk and Plant in the Polder				
	offline	13:00 - 14:00	Lunch Break				13:00 - 14:00	Lunch Break		13:30 - 15:00	Decolonial Dialogues	
	opening/closing	14:00 - 15:00		Milpa in Europe	"Block it like its hot" Construction workshop		The Dutch Nitrogen Discussion	Kraakspreekuur				
	(music) event					14:00 - 15:00						
			15min	Break				15min	Break			
			15.15 - 16.15	CSA tour: PLUK and SGB comparison		What is no dig? (PLUK)	Water ways: Skillshare About Water Management	15.15 - 16.15	Netherlands goes Ende Gelände – Gas, Agriculture and Fertilizer	Regenerative Agriculture: How Politics Endangers the Food and Nutritional Security of Traditional Peoples and Communities	Urban Agroecology and Transformation of Social Relations	
			15min	Break				15min	Break			
17:00 - 18:00	Opening Session for Amsterdam, Utrecht and Wageningen	16.30 - 17.30	An Introduction to Commonly Grown Herbs and Uses		Food Forest Circle	Agroecology and Peasant Struggles: Growing Agroecological Food as Form of Resistance	16.30 - 17.30	Farm tour at Mosegaarden Jordbus (in Denmark)	Food & Fossil Fuels – Human Map	Agroecological Logbooks and the Women from the Brazilian Semi-arid Regions		
30min	Break	30min	Break						Acoustic Closing Set: Geert & Tineke			
18:30 - 20:30	"What is food" Interactive session with Mama D	18:00 - 18:30		Footsteps Against Racism								
30min	Dance Break	18:30 - 19:30	Acoustic Closing Set				18:30-19:00	Closing Session				
21:00 - 22:00	Movie & Discussion – Agroecology: Voices From Social Movements	19:30 - 21:00	Pumpkin Rave				19:30 - 21:00	Dismantle the Camp				

TRANSITATION



STADSGROENT
BOEREN



PLUK

BOTERBLOEM

WORKSHOP
TENTS

INFO AND
WORKSHOPS

PUMPKIN FIELD

WC



INFO



LUTKEMEER TENT



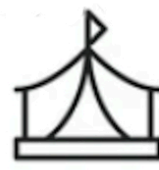
BRIDGE



PAVILLION



FARMING ACTIVITY



AGROECOLOGY TENT



TOILET



CAMPING



MEETING POINT
WALK AND PLANT



INFO AND FIRST AID



GARDEN



OVEN



LUNCH



WORKSHOPS & TALKS

Friday 4th June

17:00-18:00

FAF#5 Opening Session (Online)

In this first online session we will kick off the FAF#5 joint with all cities online! We will introduce the idea of the FAF and each city will have the opportunity to share what their festival will look like.

18:30-20:30

Interactive Session on “What is food” by MamaD (Online)

What is a Food System and how are we all complicit in maintaining its logic? Join Mama D of Community Centred Knowledge with your bodies, minds and cultural souls to explore together the systematic ways in which we are undermining our own nourishment.

21:00-22:00

Movie & Discussion – Agroecology: Voices From Social Movements (Online)

This video explores the different perspectives of food providers on agroecology and the calls from social movements to embed agroecology in the struggle for food sovereignty. It focuses on the Declaration of International Forum for Agroecology, which has been advanced by social movements to claim agroecology as a bottom up practice, science and movement and the most important pathway towards a most just, sustainable and viable food and agriculture system.

- Kitchen collective of the Festival: Surplus Kitchen -

This Kitchen collective uses only skipped food to cook for homeless and paperless people in and around Amsterdam.



10:00-12:00

Boterbloem and PLUK farming activities

by the farmers Trentje (Boterbloem) and Edu (PLUK CSA)

Following organic small scale farming principles, but with a very different agriculture approach, we'll be helping out the organic farm Boterbloem and the Community Supported agriculture PLUK. From weeding in between the peas, planting out cabbages and pumpkins, preparing beds for the summer crops or watering the plants, we'll be helping them, while at the same time getting knowledge on how they farm and their techniques.

Duration: 2 hours (combined with a soil test workshop)

Location: Lutkemeer Polder, PLUK and Boterbloem fields

Number of participants: maximum 30 people (split in two fields)

11:00-12:00

Feed the soil by Irma Brassinga and Violet de Gier

Dive with us into the soil. Learn why to feed the soil and not the plant, practice in examining your soil and see how the Pluk! soil is taken care of.

Location: PLUK

Number of participants: 20 people

12:00-13:00

Walk and Plant in the Polder

We'll explore the beauty and ugliness of the Lutkemeerpolder's business area as well as it's invaluable natural parts. Who controls what parts? How have people shown resistance in the polder? What's up with the Biopolder plans? All these questions and more will be answered on our walk. Afterwards, we'll get to work and make the polder our own by planting pumpkin seedlings together.

14:00-15:00

Milpa in Europe by Andres Jara (Stadsgroenteboer CSA)

Andres Jara will show you what we can learn from the ancient practice of growing the 'three sisters' (corn, beans and squash) together to improve soil health and generate high yields.

Duration: 45 minutes

Location: Stadsgroenteboer at Mijnstadstuin (the Milpa is there) /



Number of participants: 10 – 15 people

14:00-15:00



“Block It Like Its Hot” Construction Workshop

Do you like to build things? Are you keen to learn some skills for occupations and blockades? Come to this workshop to play and learn together with comrades.

15:15-16:15

CSA tour: PLUK and SGB comparison

A tour through the SGB and PLUK CSA's: two small scale vegetable farms that run on the CSA model (Community Supported Agriculture). We'll be comparing one on no-dig practices, soil health, crop diversity, inter-planting and the community aspects of running a CSA.

Location: Stadsgroenteboer and PLUK farm at the Boterbloem

Number of participants: 15 people

15:15-16:15

What is no-dig? by Ilyanna Kerr and Genevieve Osborne

No-dig farming has exploded in popularity in recent years but what does it really mean in practice? and who are the farmers behind its rise?

Duration: 1.00-1.5 hour

Location: PLUK /



Number of participants: 20 people

15:15-16:15



Water ways; Skillshare about water management

by Rik Vuur / Anna's Tuin & Ruigte (online)

With all the rain of the past weeks it seems hard to imagine, but the Netherlands has been getting more and more droughts over the past years. Causing stress for both plants and the farmers/gardeners since the Dutch are not used to a shortage of water. Fortunately, other parts of the world have been dealing with droughts and water shortages in successful ways for ages. This skill share is to find what techniques are available and see which ones are useful to prepare us for the next drought. Participation and ideas are welcome.

16:30-17:30



Food Forest Circle by Rens and Toby

We expand on what food forests mean in Dutch landscapes and invite a sharing of real examples that participants are involved with and/or dreaming of. Then we regenerate understandings of poly-cultures with examples of tree guilds that we can apply directly to our neighborhoods.

16:30-17:30



An introduction to common herbs

by Fatema Baheerwala (Naturecentric, and Cityplot Amsterdam)

In this one hour workshop, you will be introduced to some wonderful herbs that grow freely around us in the city as well as common herbs we find in our kitchens. I will discuss the health benefits of these herbs and there will be a practical demonstration at the end of the workshop.

18:00-18:30



Footsteps Against Racism

Moments of past migrants' lives and of current theatre and activism

From voices of dolphins guiding migrants across threatening waters to signings of protest and revolution. And also strong voices against oppression, torture and discrimination, the cry of a refugee camp and the scream out of a box of definitions. And now here we are, captured in our daily routine and yet still struggling as before. But now somehow knowing better how to break the boundaries of our constraints. Footsteps Against Racism is a theater performance created by the same migrants and refugee's collective that has successfully performed Our Footsteps throughout 2019 and the beginning of 2020.



11:00-12:00



Edible Peatlands (RE-PEAT)

Join this session to learn about the youth-led group, RE-PEAT. They will give an introduction into peatlands & paludiculture, as well as speaking about their work and ethos. They'll talk about the drainage and use of peatlands across Europe and how that interacts with agricultural systems, finishing off by telling us about the plants that can be grown on peatlands for both edible and medicinal purposes – even sharing a recipe or two!

11:00-12:00



How to Slay a Multinational

With the experiences of the radical international anti-shell campaign of the 1980's as background we ask ourselves: how to bring a multinational to its knees. Are there any examples of 'total victory' in struggles against multinationals? Or are there examples that got far? And if so, what were the elements of the campaign, and under which circumstances did that happen? Of course we will not want to exclude Ahold (motherholding of Albert Heijn) from this discussion.

11:00-12:00



"Memories of the Forgotten Mother" – Storytelling Audio Tour

by Weaving Realities Collective

We invite you to go on a journey in the city of Amsterdam, to undust the history of chocolate by listening to the ancestral stories of cacao and to activate the embodied memory as a collective decolonial healing. Amsterdam has the biggest import-export industry of cacao beans. While we are enjoying the sweet taste, do we ask ourselves where the chocolate comes from? Chocolate is made from the beans of cacao trees, which has more than 5000 years of history. In the Popol Vuh, the creation story of Mayan culture, it says that our flesh is made of corn, and our blood out of cacao – a concept of relationality with the land existing together as earth beings. This storytelling audio tour uses cacao as a vehicle for us to reconnect to the forgotten Mother Earth as Abya Yala*, to activate history into living memory, and to rethink our ways of relating to the world, as a relational living being. *Abya Yala refers to the non-colonized Americas.

12:00-13:00

Walk and plant in the Polder

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12:00-13:00



Decolonial dialogues by Weaving Realities and Mama D

Join a circle and be part of a dialogue that prioritizes Earth-based ways of knowing, doing and think-feeling (senti-pensar). A guided collective reflection is offered by decolonial practitioners whose work and hearts cross continental abysses to facilitate healing. Welcome to this weaving of re-existences, a "diálogo de saberes". Weaving Realities and Mama D share their own experiences and methods of decolonization, including The Food Journey and Memories of the Forgotten Mother. We hope that in the weaving of parallels that sensitive solidarities emerge and we will be nourished.

14:00-15:00



The Dutch Nitrogen Discussion by Emre Han Iskender (Talk and Discussion)

The crazy nitrogen situation in the Netherlands, the interesting history and what we can do about it right now. The first 30 minutes will be a presentation. The second 30 minutes will be a discussion with each other.

Number of participants: maximum 20 people

14:00-15:00



Kraakspreekuur

Although squatting is forbidden in the Netherlands, it is still happening. For this workshop there will be a discussion about the current climate around squatting, in many different ways.

Additionally for people who are actively standing up for the right to housing help is a given. You can count on support from other squatters with your preparation of a squatting action, the action itself and the maintenance of the squatted house. You will get support, but you will have to take initiative and make important decisions yourself.

If this approach to solving the housing crisis and your own housing situation sounds good to you, join this squatting hour to ask all the practical questions you've always wanted to ask!

15:15-16:15



Netherlands goes Ende Gelände – Gas, Agriculture and Fertilizer

Ende Gelände is a mass action in Germany, which typically targets coal infrastructure. This year, it's target is the gas infrastructure in Brunsbüttel, which happens to be the site of the mass action Free the Soil 2019, planned in part by members of the ASEED collective.

Liz & Edu would love to take a moment to discuss mass actions, their pros and cons, and why the move of Ende Gelände to target this location could open up some exciting possibilities for a Dutch finger focusing on bringing the conversation of nitrogen fertilizers and industrial agriculture to this huge audience. There will be time for brainstorming and discussing, so if you're feeling creative, or just curious, please feel welcome to join us for this session!

Max Participants: 25-30 people, depending on the weather (can we sit outside or not)

15:15-16:15



Regenerative Agriculture: How Politics Endangers the Food and Nutritional Security of Traditional Peoples and Communities

by Phillipe Batiuk (CONAFER) (online)

In this talk, we will learn about regenerative agriculture, with a focus on experiences in indigenous, quilombola, fisher-folk, and small-scale farmers' communities and how the current government and political scenario in Brazil endangers the autonomy of these groups in their struggles for food sovereignty and access to land.

Phillipe made a career as a journalist, as political and cooperative advisor. He currently works for CONAFER – the National Confederation of Family Farmers and Rural Family Entrepreneurs, in Brazil.

15:15-16:15



Urban Agroecology and Transformation of Social Relations

by João Portella (Heinrich Böll Foundation Brazil) (online)

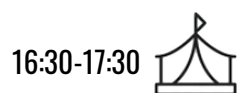
In this talk, João will share his experience with working with urban agroecology in Brazil. We will have an overview of the experience of implementing projects in the favelas in cities like Rio, and see how Agroecology opened up space for the transformation and resignification of social relations in different communities.

João Portella Sobral is a popular educator, Forest Engineer, specialist in agroecology and agricultural policy. Widely experienced in working with civil society organizations, social movements, public policy development, advocacy, family farming, urban agriculture, rural settlements and traditional peoples and communities. Coordinator of the Agriculture Program at Heinrich Böll Foundation Brazil.

16:30-17:30

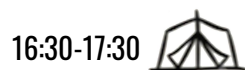
Farm tour at Mosegaarden Jordbus (in Denmark) (online)

Mosegården is a CSA project with 25 hectares of land located around 65 km West of Copenhagen. In 2018, the Mosegården collective began with a dream of transforming the large plots of land into a myriad of smaller areas with more nature and biodiversity and at the same time creating room for small-scale agriculture. They believe that agriculture must play an active role in the green transition. Stronger ties must be created between towns and farms. Agriculture must help create vibrant and inspiring communities in the countryside. Come join this tour to get a glimpse of how their dream is going, and to ask some questions about how they work with the land and local communities.



Food & Fossil Fuels – Human Map by Gastivists

The fossil fuel industry and industrial food system are deeply connected, and more and more international in our globalized world. Find out about these links, using the example of Brunsbuttel; where a planned gas terminal will face thousands of activists blockading it this summer. Expect a human map, interactive chats, and good vibes. For more detail on joining the action, check out the Ende Gelaende talk. From your friends at ASEED & The Gastivists.



Agroecological Logbooks and Women from the Semiarid regions in Brazil

by Aline Martins (IICA) (online)

On this workshop, Aline Martins will be talking about the Agroecological Logbooks, a political-pedagogical tool that empowers rural women, is based on principles of feminist economy, provides valuable data about food and nutritional security, and challenges the sexual division of labor. The Agroecological logbooks provided rural women another perspective on their work and contribution to their household and communities. The philosophy and methodology of the Logbooks, as well as its uses and benefits for rural women will be analyzed and showcased in Aline's webinar. We will see some examples of experiences in Brazil and statements from both farmers and technicians who were involved in this project, and will have an overview on how to implement this methodology in other countries.

Aline Martins is a specialist in Food and Nutritional Security Policy Management and also in Gender Equity Policies, she works primarily with Rural Women, Rural Youth and Family Farmers. Consultant for International Organizations linked to the UN since 2012 and has worked with FAO, UNESCO, IICA and currently with IFAD through the Semear Internacional Program, where she works with strengthening the management of rural projects in the Brazilian semiarid region.

17:30 - 18:30



Acoustic Closing Set: Geert & Tineke

We'll close off the day with good vibes in the polder, songs between the grass and dancing among the weeds!

18:30 - 19:00

Closing Session

Bringing it all back together with everyone in the polder!



Utrecht

FRIDAY 11th June

SATURDAY 12th June

			Tent A	Tent B		Off-Site	Continuous / All-Day					
		10:00 -12:00	Envisioning Food Systems for Degrowth (10:30-12:00)	Paludiculture- A Promising Practice on Dutch Peatlands (10:30-11:30)	10:00 - 12:00	Dumpster Diving Tour (10:30-11:30)	Beerbrewing Workshop					
				15 min break								
				Fascinating World of Bees (11:45-12:45)								
		12:00 -14:00	15 min break		12:00 - 14:00							
			Natural Fertilizer for your Garden (12:15-13:45)	30 min break								
			30 min break	No Food on a Dead Planet - The Climate Crisis and the Future of Food (13:15-14:45)								
14:30 - 16:00	Farm Tour Tuin Kansrijk	14:00 - 16:00	Reading Together: Veganism in an Oppressive World (14:15-15:45)	15 min break	14:00 - 16:00	Traveling Farm Museum Tour to the Microorganics Company @Leidsche Rijn						Lunch (12:30-14:30)
			15 min break									
		16:00 - 18:00	Food Forest Story Sharing (15:00-16:30)	15 min break	16:00 - 18:00	Forest Walk Amelisweerd Niet Geasfalteerd						
			15 min break									
18:00 -19:00	FIAN: Landbouwbrigades Belgium											
19:30 - 20:30	AgroForestry System at XFarm	18:00 - 19:00	Your Local Pirates									
20:00 - 22:00	Dumpster Diving Tour	19:30 - 21:00	Circus									

Wageningen

SUNDAY 13th June

MONDAY 14th June

	Track 1	Track 2	Track 3	Track 4		Action
9:30 - 10:00	Biking from Utrecht to Wagenigen				9:00 - 11:00	Flag Making
10:00 - 11:30		Local Consumption Game			12:00 - 14:00	Planting the revolution surprise
30min		Break				
12:00 - 13:00	Lunch at Creative Garden I					
13:00 - 14:00	Lunch at Creative Garden II		Action Briefing			
14:00 - 16:00	Workshop about Food Forests	Braiding the History of African Rice - Maimuna	Visit Student Farm - Composting Workschop	Workshop: Land Ocuupation		
16:00 - 18:00	Pannel Discussion: Oppressive Education Structures and How to Overcome Them	Rabobank Campaign	Excursion/Tour Ommuurde Tuin	Excursion / nieuwe ronde		
18:00 - 19:00	Dinner					
19:00 - 20:00	Dinner		Poetry night			
20:00 - 22:00	Jam Session					

